

HAVEN

PERMANENT COSMETICS AND AESTHETICS

AFTERCARE INSTRUCTIONS LASER TATTOO REMOVAL TREATMENT

Please follow these aftercare instructions to improve the results of your Laser Tattoo Removal Treatment. Unexpected complications may occur when aftercare is not followed

- Cleanse the treated area at least once daily with luke warm water and green soap (Provided). Apply a thin layer of Aquaphor ointment to the area 2-3 times a day for 7-10 days. Let the crusting/scabbing resolve on its own. If blistering occurs, be sure to keep the area clean, moist, and covered. Please make sure you are regularly changing out the bandages.
- Avoid Sun Exposure to the treated area for 2 weeks. Always use SPF that is UVA/UVB protectant with an SPF of 30 or higher. It is recommended to make this part of your daily skincare routine. Please ask a provider at Haven for recommendations on SPF.
- (Excluding eyebrows/facial tattoos) Apply a non-stick pad over the tattoo until healed (up to 10 days) – you may purchase these at your local drugstore.
- If crusting/scabbing occurs, do not shave, rub, or pick the areas.
- You may use an ice pack for pain relief at any point. You may also use over the counter pain management such as Tylenol or Acetaminophen.
- Avoid any irritants to your skin, such as any products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic/Salicylic Acids, Astringents or Vitamin C for one week after your treatment.
- Avoid contact sports or any other activity that could cause injury of the treated area.
- Avoid swimming, soaking or using hot tubs/pools for up to 2 weeks if water will be around the treatment area.

- Contact your provider if there is any indication of infection (redness, tenderness or pus) - PLEASE NOTE: Mild redness is normal in the treatment area.

- Please note depending on the color, type, and age of the tattoo, it can take anywhere from 4-12 sessions (sometimes less/sometimes more) . Your provider will make their best guess judgment; but we will not know how the tattoo is going to respond until we have performed the laser on you.

+ If you have any questions or concerns, please call, text, or email us.

If at any time you have any signs of infection or any concerns at all during the healing process, please contact us. In the case of an emergency, please call 9-1-1

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