

# HAVEN

PERMANENT COSMETICS AND AESTHETICS

## Lip Blush Tattoo Pre-Care

- No alcohol 24 hours prior (This can cause bleeding and sensitivity).
- No Sunburns or laser on lip area 1 week prior
- You cannot be pregnant or breastfeeding
- No caffeine the day of (This can cause bleeding and sensitivity)
- No blood thinners (This can cause bleeding and sensitivity)
- IMPORTANT: If you suffer from cold sores, you need to be taking acyclovir at least 3 days prior to your appointment and continue to take it 3 days after your procedure. Each doctor will prescribe a different regimen for prescription. Some may only get 1-3 days with a heavy dosage and others may be asked to take it for 2 weeks at a low dose. Leave this up to your doctor to recommend and prescribe what is best for you.
- No Botox in lip area or lip filler/injections 2-3 weeks prior to procedure
- No deep exfoliation 2 weeks prior (such as a Chemical peel).
- No antibiotics 4 weeks prior (This can cause extremely bad healing and poor retention)