

HAVEN

PERMANENT COSMETICS AND AESTHETICS

PRE OP PRECAUTIONS PRIOR TO YOUR LASER TREATMENT

- No sun exposure, tanning beds and sunless tanning cream for 4 weeks prior to treatment. Sun exposure decreases the effectiveness of the laser treatment and can increase the chance of post treatment complications.
 - No Spray tan/sunless tanning 2 weeks prior to appointment.
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- Avoid any active ingredients on your skin, such as any products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic/Salicylic Acids, Astringents or Vitamin C for one week before your treatment.
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- Use broad spectrum UVA/UVB sunscreen with a SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
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 - Aspirin, Ibuprofen, Naproxen or Fish oil or any blood thinning medications should be discontinued 48 hours prior to treatment. (Please check with a primary care provider if prescribed for medical reasons).
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 - Remove all makeup, creams or oils prior to treatment, Men, face freshly shaved.
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- You will need to wait 4-6 weeks (12 weeks for areas on leg/foot) in between sessions for the Laser treatments.
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 - Avoid botox/filler from 2 weeks before and after treatment.
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 - *MUST BE OFF ACCUTANE FOR AT LEAST ONE YEAR****

Please reach out to our office with any additional questions or concerns prior to your appointment. Please note our cancellation policy as it is strictly adhered to.

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